

Testimonials

As a committed skeptic it was only desperation which drove me to try Chinese traditional medicine as an alternative form of treatment for the chronic depression and headaches I have endured all my adult life. Houg's combination of time-consuming acupuncture and vile-tasting herbs has worked so effectively that even the skeptic within has had to accept the raw evidence. I'd still like to know what she puts in those concoctions of hers, though. It can't all be natural, surely.

Bill Leak

I have been singing your praises all weekend. Thank you so much for giving me instant relief from the dreaded lower back pain. Visits to the doctor and the osteopath didn't work but one treatment of your acupuncture did. For me, it was a minor miracle.

Jane Finemore

Houg is always a calm and composed therapist - she instils calm simply by being this way. She has provided me with a consistent and effective course of acupuncture over the past year. I come away from every session feeling completely relaxed on a whole new level. I am always reassured about her feedback with regard to how effectively my organs are performing and how, when necessary, I might improve their performance further through diet, more rest or boosting my fluid intake. I cannot recommend her treatment highly enough.

Tara James

In late August of this year I contracted a virus which attacked my liver and rendered me in an almost constant state of extreme fatigue and depression. Conventional doctors were unable to advise suitable treatments and suggested invasive procedures. Initially sceptical I visited Houg for a treatment and continued to do so once a week for the following three months. I cannot describe the sense of well-being I experienced after each session, not to mention the much needed energy boost! I am delighted that I managed to avoid, conventional, potentially damaging medicine and I am now well on the way to a full recovery. I would highly recommend acupuncture and Houg to anyone, whatever their ailment may be.

Emma MaCabe

"I saw Houg for acupuncture in my final stages of pregnancy, from 2 days overdue. As a scientist I have always been skeptical of alternative therapies, but an overdue baby can push you to do things you'd otherwise not try. Houg has healing hands -- not only was she able to help me to relax in these final days, but she enabled me to have the natural labour I so longed for! When I hurt my back carrying my son a year later, I went straight back to her... instant relief.

Thank you Houg!"

Patient(name undisclosed)